1. **Introduction to CUPE/Know Your Union**

   In this workshop you will:
   
   - Deepen your understanding of union values
   - Learn about CUPE’s structure
   - Find out how unions solve problems
   - Gain skills that will help you play a stronger role in your CUPE Local.

2. **Young Leaders**

   Are you a young worker who wants to be more active in the union? Do you want to know more about your rights in the workplace? Come learn the answers to those questions and explore the role of unions in society and practice group work, communication and leadership skills.

3. **Political Action**

   No matter how big or small your community is, all campaigns contain the same essential elements. Learn the structure and fundamentals of an issue or election campaign, the skills needed to execute a campaign, and how to win!

4. **Taking on Privatization**

   Learn about the kinds of privatization facing CUPE members and their impact on workers, the public and our communities. Participants explore who is pushing privatization, who benefits and who loses and how stewards can help take on privatization.

5. **Health and Safety: An Introduction**

   This workshop serves as an introduction into the world of health and safety, and explores different basic concepts such as:
   
   - Identification of hazards
   - Hierarchy of controls
   - The basic role of Health and Safety committees
   - The general duty clause
   - Basics on the right to refuse

6. **Introduction to “Unite For Fairness Project”**

   The goal of the Unite for Fairness project is to listen to our members, strengthen our union and improve communications with our members.

   The Unite for Fairness project provides our local unions with the tools to succeed with this project, which involves, above all, listening to our members.